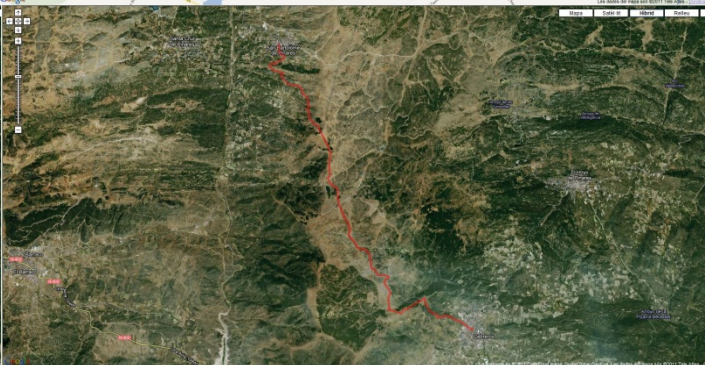
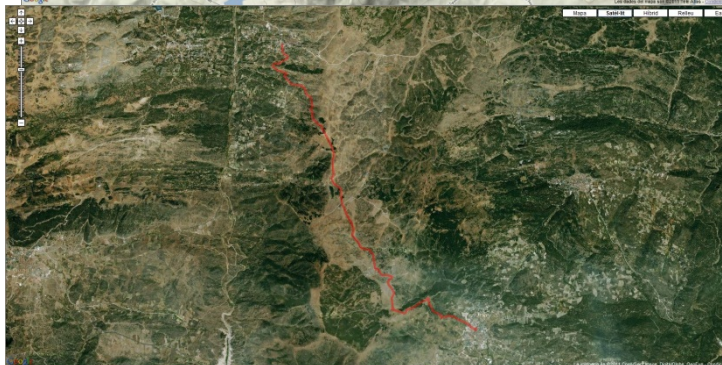
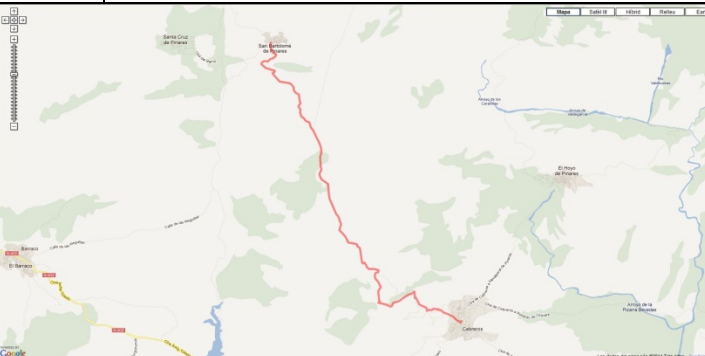
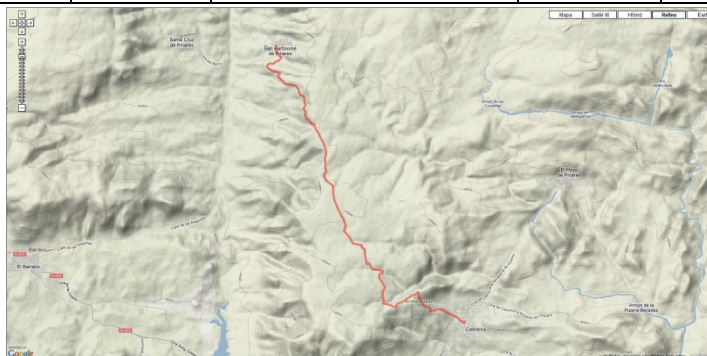
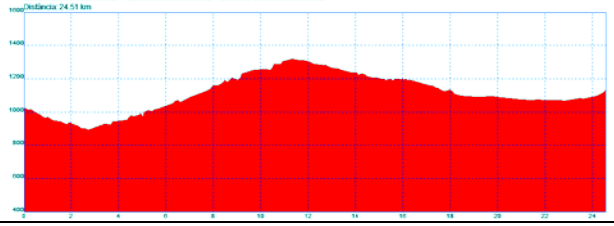
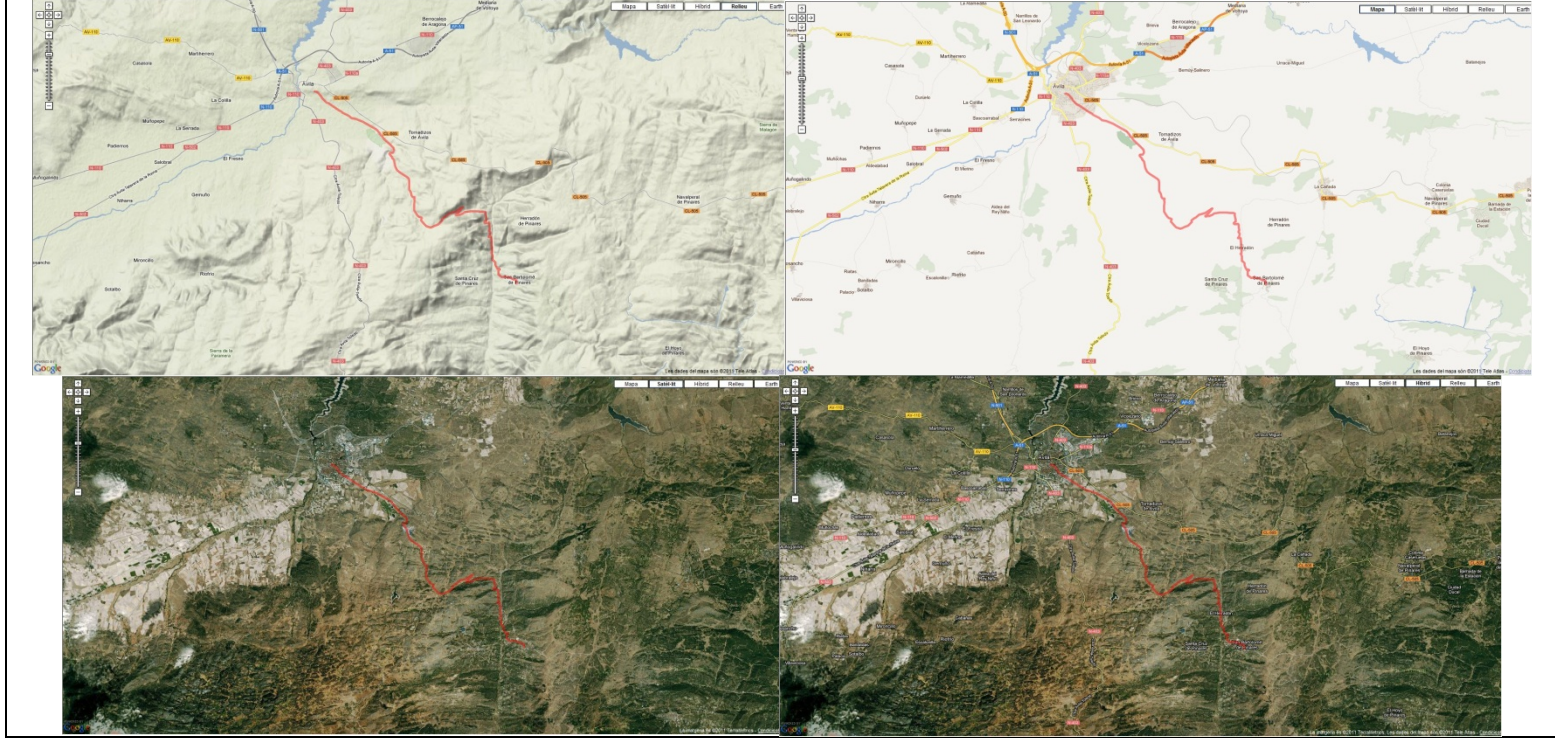


Etapa: De Cebreros a Medina del campo

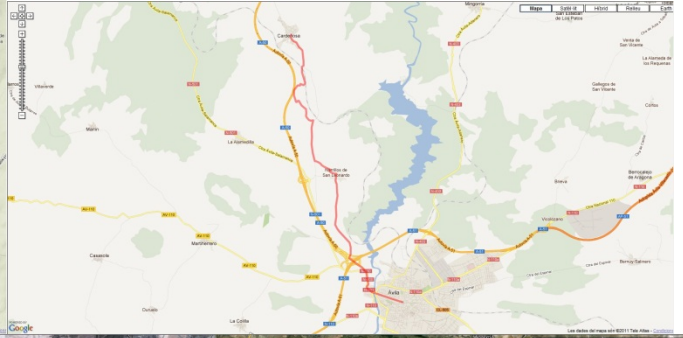
| Horaris | | Lloc | Quilometratges | | Perfil |
|---------|-------|------------------------------------|----------------|----------|---|
| Hora | Temps | | Parcials | Acumulat | |
| 09:00 | 0 | Cebreros S Bartolomé de Pinares | 0 | 0 | <p>Cebreros - San Bartolomé de Pinares altura máxima: 1214 m de nivel - altura mínima: 773,60 m. Contorno acumulado: 541,00 m. Distancia: 15,7 km</p> |
| 10:02 | 1,02' | | 15,4 | 15,4 | |



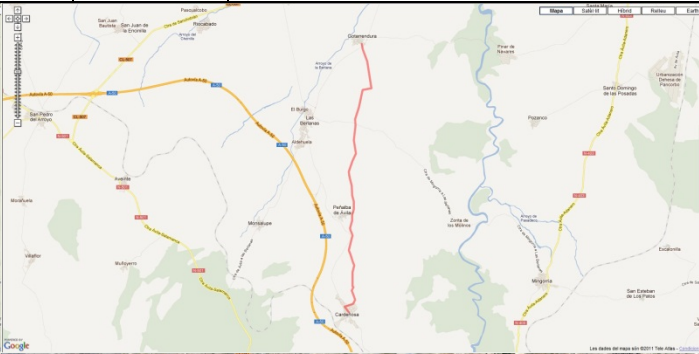
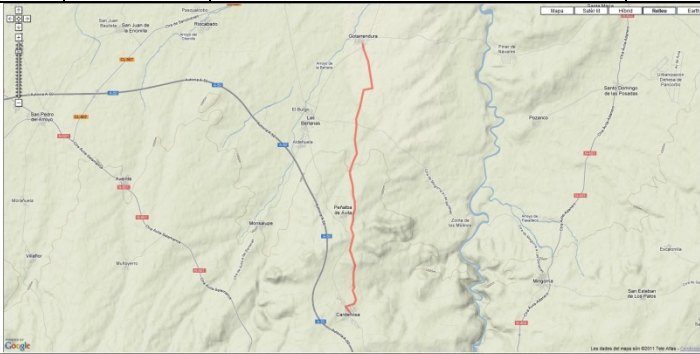
| Horaris | | Lloc | Quilometratges | | Perfil |
|---------|-------|---------------------------------|----------------|----------|--|
| Hora | Temps | | Parcials | Acumulat | |
| 10:02 | 1,02' | S Bartolomé de Pinares Ávila | 15,4 | 15,4 | <p>San Bartolomé de Pinares - Ávila</p> <p>Altura màxima: 1326,00 mts. Altura mínima: 895,50 mts. Cotesa mitjana acumulada: 1066,00 mts.</p> <p>Distància: 24,51 km</p>  |
| 11:39 | 1,39' | | 24,7 | 40,1 | |



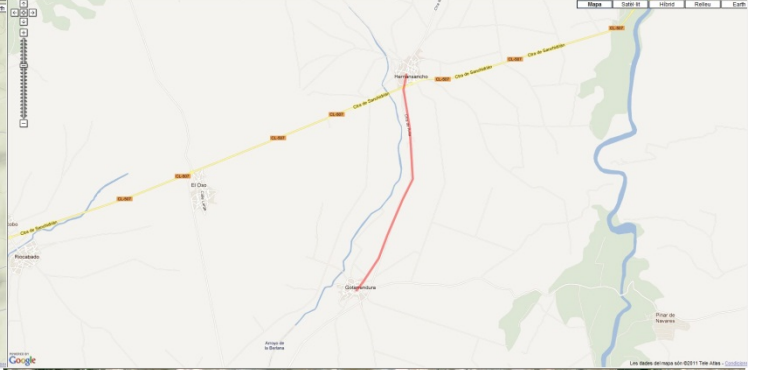
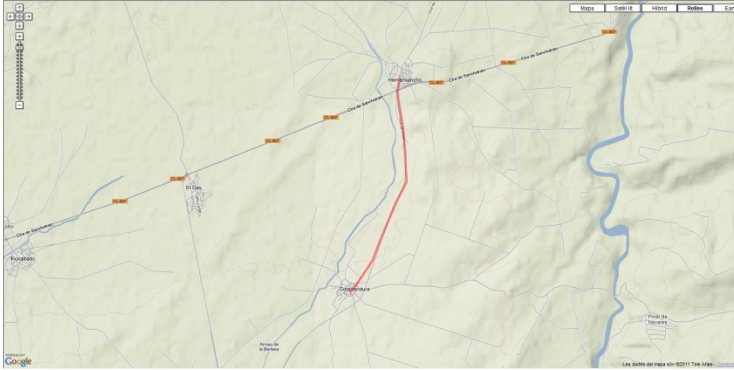
| Horaris | | Quilometratges | | | Perfil |
|---------|-------|--------------------|----------|----------|--------|
| Hora | Temps | Lloc | Parcials | Acumulat | |
| 11:39 | 1,39' | Ávila Cardeñosa | 24,7 | 40,1 | |
| 12:30 | 51' | | 12,7 | 52,8 | |




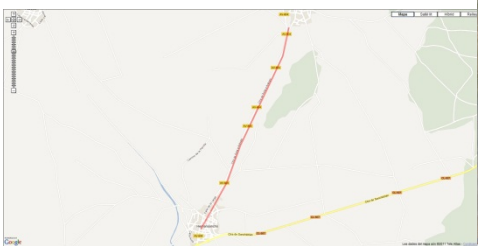
| Horaris | | Lloc | Quilometratges | | Perfil |
|---------|-------|---------------------------|----------------|----------|--------|
| Hora | Temps | | Parcials | Acumulat | |
| 12:30 | 51' | Cardeñosa Gotarrendura | 12,7 | 52,8 | |
| 13:11 | 41' | | 10,1 | 62,9 | |



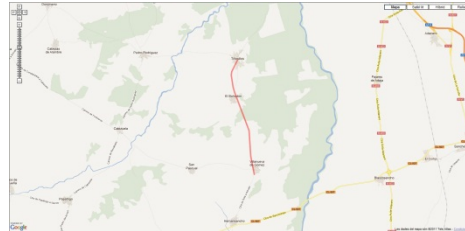
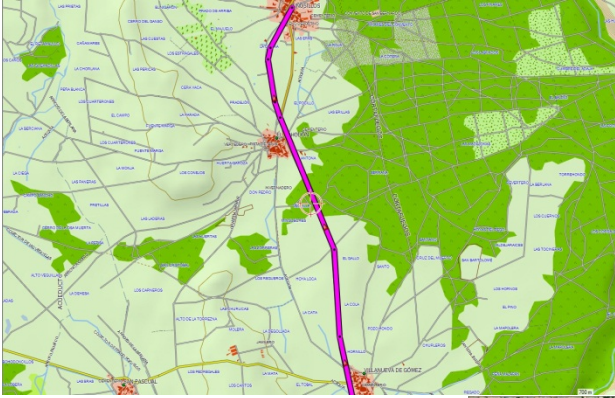
| Horaris | | Lloc | Quilometratges | | Perfil |
|---------|-------|------------------------------|----------------|----------|--------|
| Hora | Temps | | Parcials | Acumulat | |
| 13:11 | 41' | Gotarrendura Hernansancho | 10,1 | 62,9 | |
| 13:26 | 15' | | 3,7 | 66,6 | |



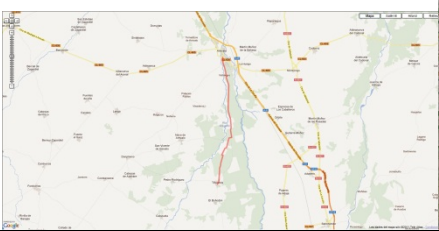
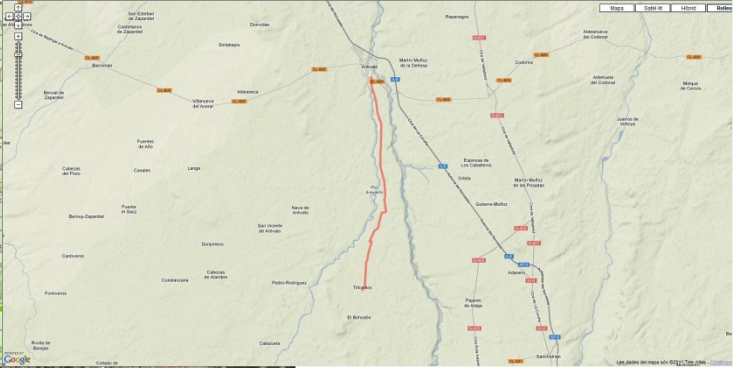
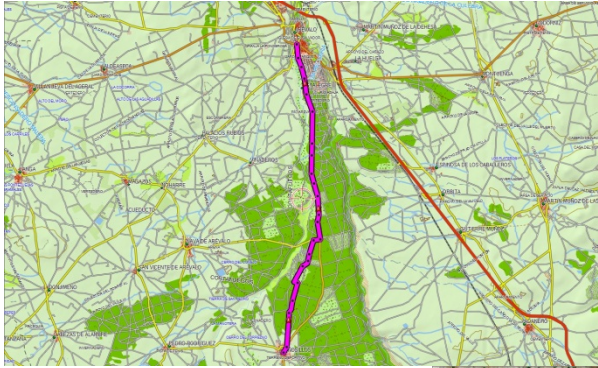
| Horaris | | Lloc | Quilometratges | | Perfil |
|---------|-------|-------------------------------------|----------------|----------|---|
| Hora | Temps | | Parcials | Acumulat | |
| 13:26 | 15' | Hernansancho Villanueva de Gómez | 3,7 | 66,6 |  |
| 13:38 | 12' | | 2,8 | 69,4 | |

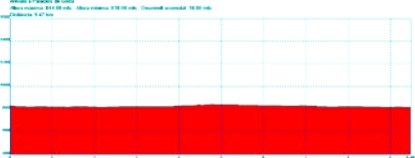


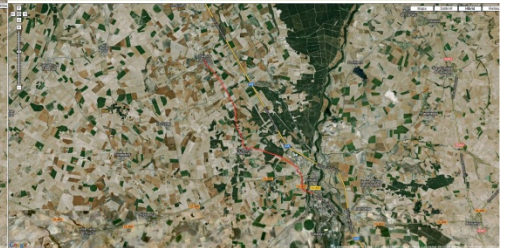
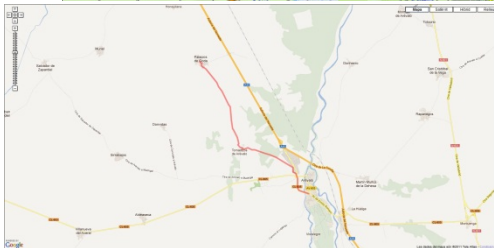
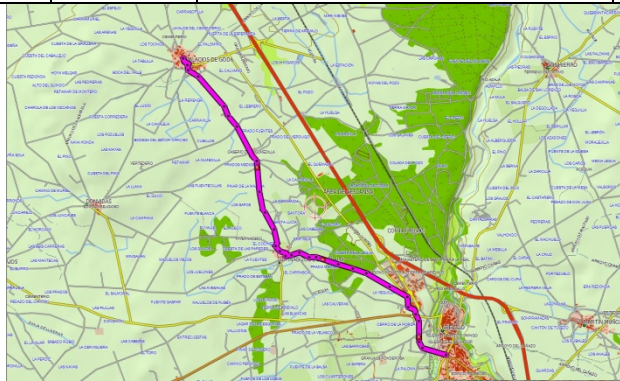
| Horaris | | Lloc | Quilometratges | | Perfil |
|---------|-------|-----------------------------------|----------------|----------|--------|
| Hora | Temps | | Parcials | Acumulat | |
| 13:38 | 12' | Villanueva de Gómez Tiñosillos | 2,8 | 69,4 | |
| 14:04 | 26' | | 6,3 | 75,7 | |

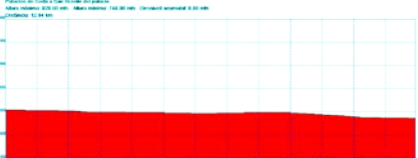


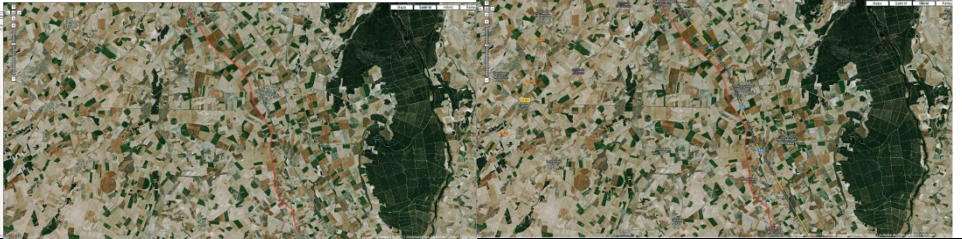
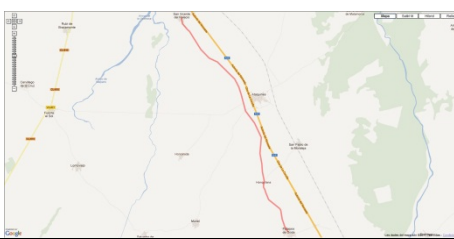
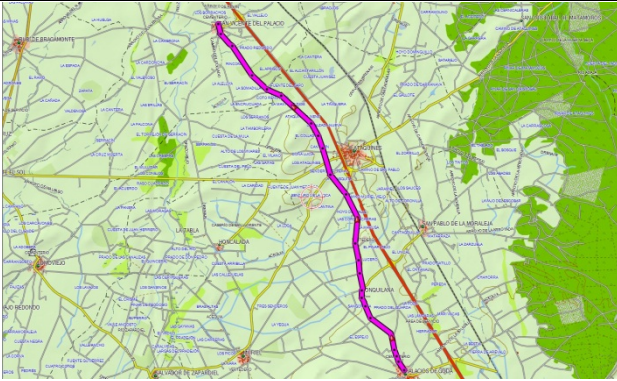
| Horaris | | Lloc | Quilometratges | | Perfil |
|---------|-------|-----------------------|----------------|----------|--|
| Hora | Temps | | Parcials | Acumulat | |
| 14:04 | 26' | Tiñosillos Arévalo | 6,3 | 75,7 | <p>Informació de l'itinerari: Alçada a l'inici: 671,93 msnll. Alçada a l'arribada: 627,50 msnll. - Descens total: 44,43 msnll. Distància: 10,00 km</p> |
| 15:03 | 59' | | 14,8 | 90,5 | |

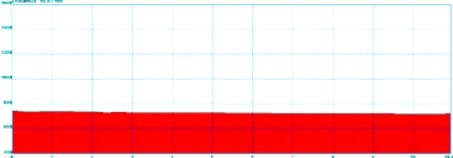


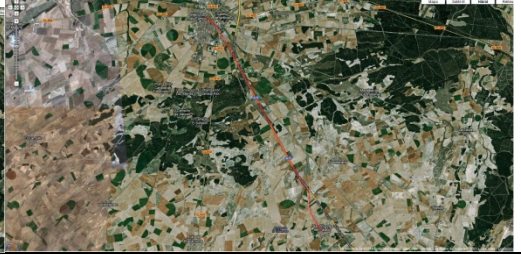
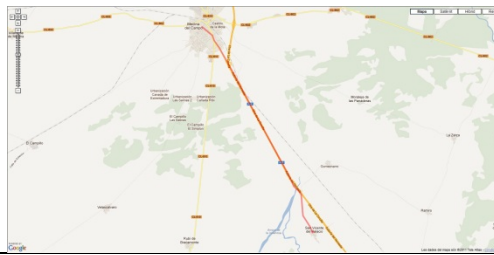
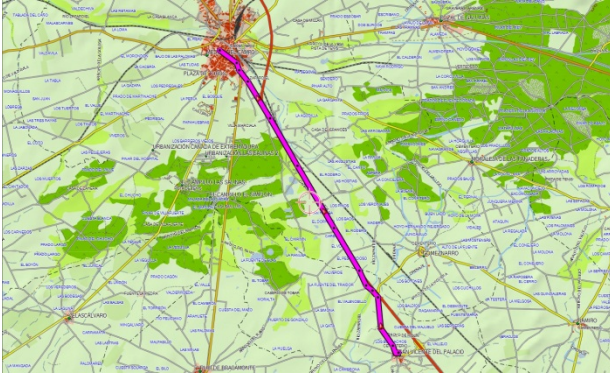
| Horaris | | Lloc | Quilometratges | | Perfil |
|---------|-------|-----------------------------|----------------|----------|---|
| Hora | Temps | | Parcials | Acumulat | |
| 15:03 | 59' | Arévalo Palacios de Goda | 14,8 | 90,5 |  |
| 16:42 | 39' | | 9,6 | 100,1 | |



| Horaris | | Lloc | Quilometratges | | Perfil |
|---------|-------|---|----------------|----------|---|
| Hora | Temps | | Parcials | Acumulat | |
| 16:42 | 39' | Palacios de Goda San Vicente del palacio | 9,6 | 100,1 |  |
| 17:38 | 54' | | 13,3 | 113,4 | |



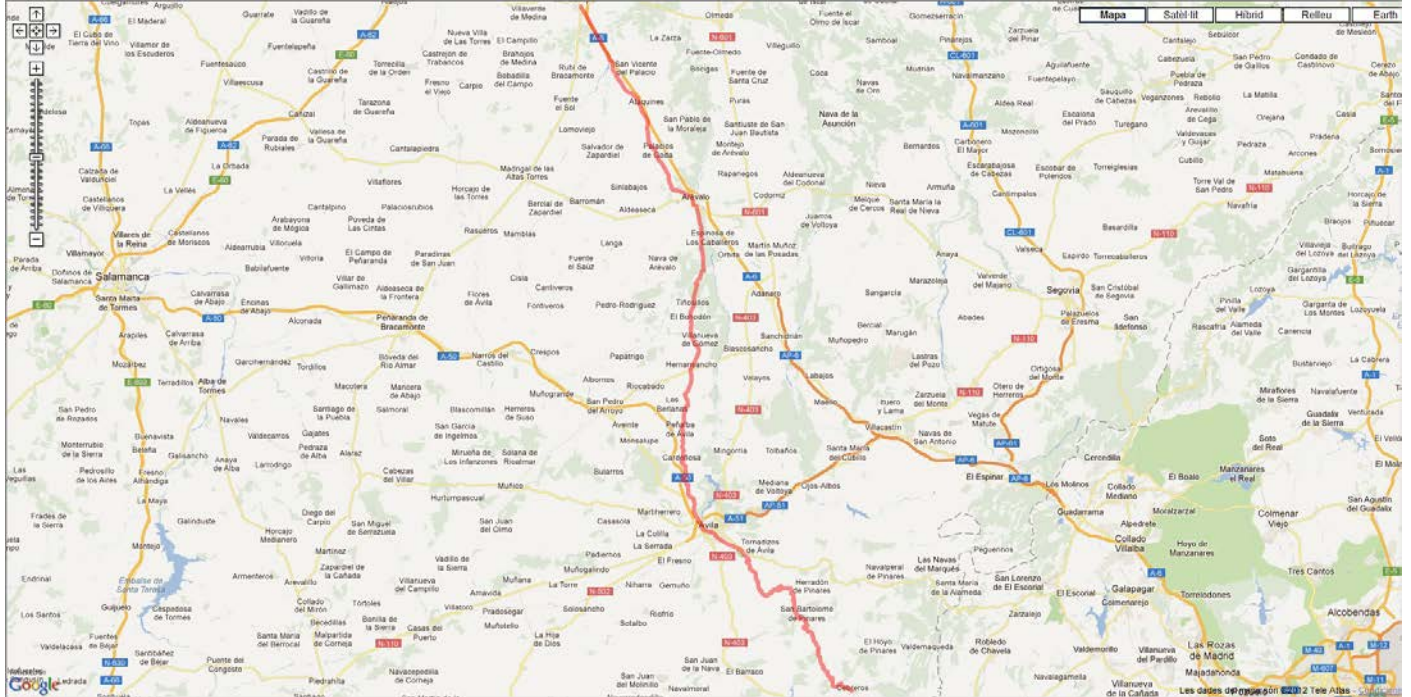
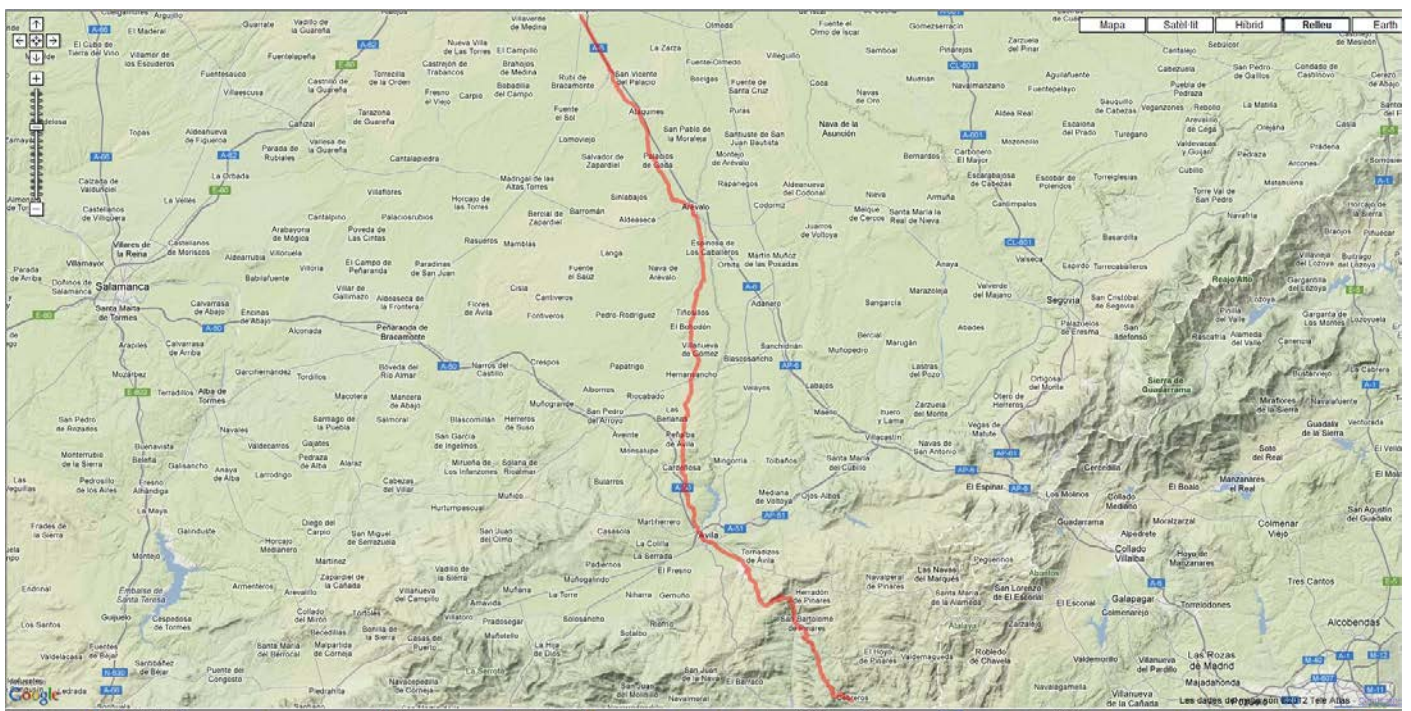
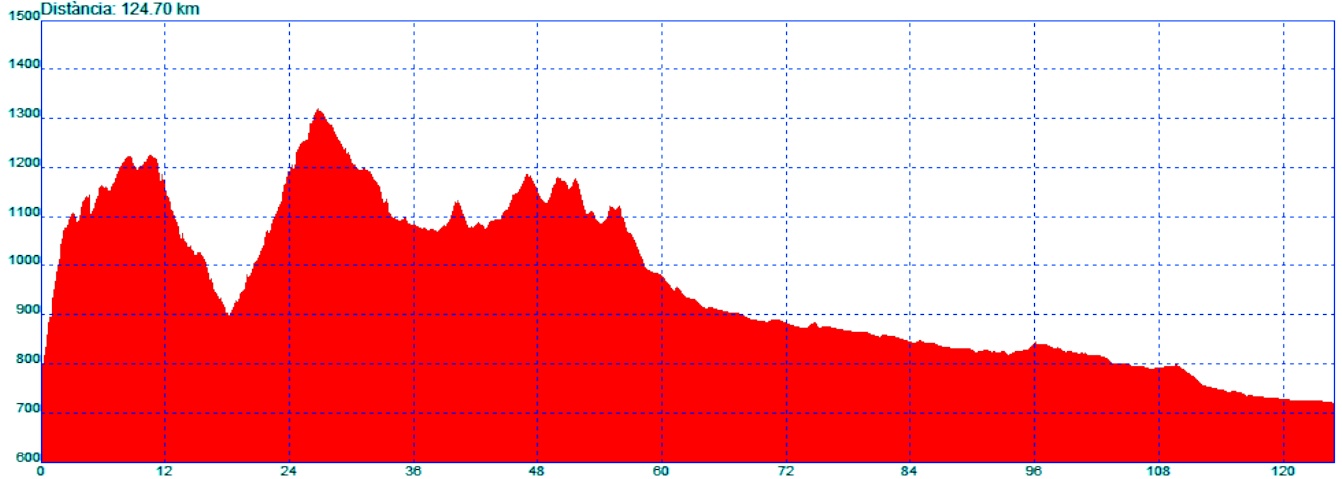
| Horaris | | Lloc | Quilometratges | | Perfil |
|---------|-------|---|----------------|----------|---|
| Hora | Temps | | Parcials | Acumulat | |
| 17:38 | 54' | San Vicente del palacio Medina del campo | 13,3 | 113,4 |  |
| 18:25 | 47' | | 11,6 | 125 | |

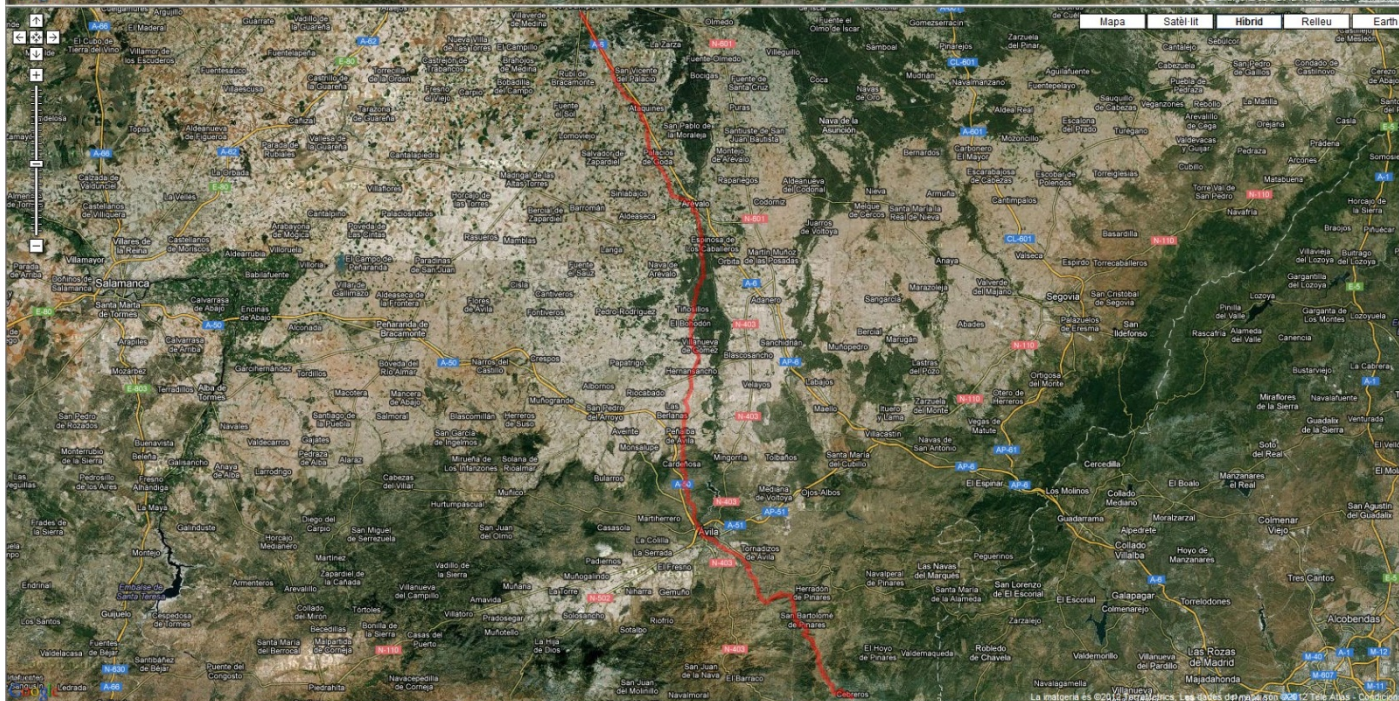
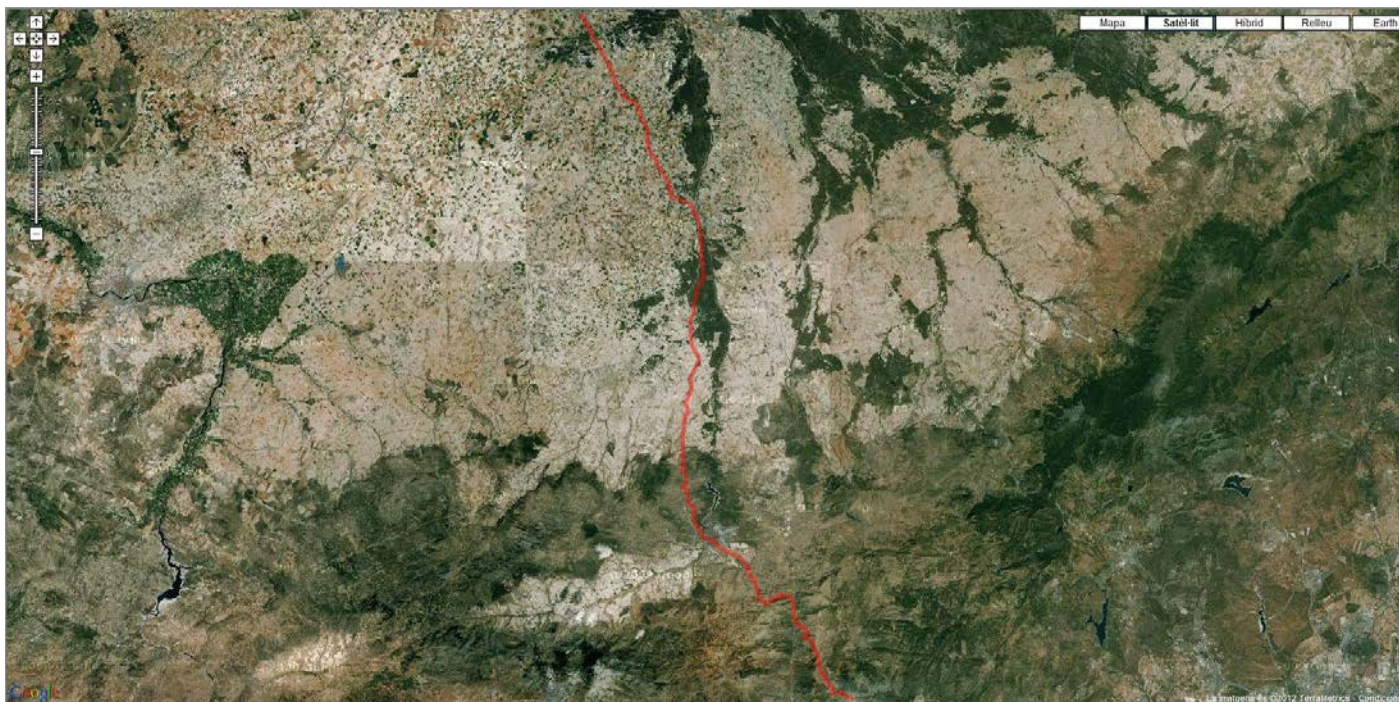


07 Cebreros a Medina del Campo

Altura máxima: 1320.00 mts - Altura mínima: 720.00 mts - Desnivell acumulat: 1559.68 mts

Distància: 124.70 km





07-1 Cebreros - San Bartolome de Pinares.KML



07-2 San Bartolome de Pinares- Avila.KML



07-3 Avila - Cardeñosa.KML



07-4 Cardeñosa - Gotarrendura.KML



07-5 Gotarrendura - Hernansancho.KML



07-6 Hernansancho-Villanueva de Gómez.KML



07-7 Villanueva de Gómez - Tiñosillos.KML



07-8 Tiñosillos - Arevalo.KML



07-9 Arevalo - Palacios de Goda.KML



07-10 Palacios de Goda - San Vicente del Palacio.KML



07-11 San Vicente del Palacio - Medida del Campo.KML



07 Cebreros - Medina del campo.kml